



## Etiwanda School District Illness Guidelines for Parents

***Ill Students*** - *If your child has any of the following symptoms, please do not send him/her to school:*

1. If your child is suspected of having the flu, a cold, or a virus, he/she needs to stay home.
  - a. Your child should stay home until feeling well. This is usually at least 2 to 3 days after an onset of symptoms. If a student returns too soon, cross-infection may occur.
2. If your child is suspected of having a communicable disease or something that may be considered contagious (i.e. pink eye, chicken pox, mumps, blisters or rashes that are undiagnosed and may be contagious, etc.), he/she needs to stay home.
  - a. Please notify the school if your child has, or has been exposed to, a communicable disease.
3. If your child has been seen by a doctor for an illness such as strep, it is permissible to return to school if your child is feeling well and has been on antibiotics at least 48 hours. A physician's note is requested.
4. If your child has vomited and/or has diarrhea (change in consistency, frequency, color, and/or odor of stool) your child needs to stay home.
5. If your child continues to cough and/or has excessive secretions, he/she needs to stay home.
  - a. If your child has purulent, discolored nasal discharge, this can be an indication of infection and your child should remain at home.
    - i. If the condition is non-infectious, a physician's note stating that it is non-contagious will be required for the child to be at school.
  - b. If your child has a runny nose related to allergies, a physician's note is requested for updated documentation.
6. If your child has a fever of 100 degrees or above, he/she needs to stay home.
  - a. Waiting 24 hours after having a fever before returning to school is recommended by the Centers of Disease Control (CDC). We will not expect to see your child until 24 hours of being fever-free without fever-reducing medications.
7. If your child has parasites (i.e. nits, lice, scabies, etc.), your child needs to stay home.

If your child needs to take medication during the school day, it will be stored in the school's health office. It must be in the original container with the child's name and printed physician directions on the label. A completed "Medication Administration Request Form" must accompany all prescriptions and all over-the-counter medications in order to be given at school. Only authorized personnel will be allowed to administer medication with the parent's / guardian's written permission indicated on the medication request form in the enrollment packet.